

Southern Stars Netball Club Training Policy

Southern Stars Netball Club believes that training is an important part of team sport. It shows commitment and dedication to the team and club and as such, players are expected to attend all training sessions. Players should arrive at least five minutes prior to the start time so that training can commence on time.

Non-attendance at training may result in the following penalties:

- One training session missed = half a game on the following Saturday
- Two training sessions missed = no game on the following Saturday

Implementation and enforcement of these penalties will be at the discretion of the team coach.

Please note:

- Injured players are still required to attend training sessions (this will ensure they are aware of any new plays and skills being worked on)
- If you cannot attend a training, session your coach or the manager must be notified 24 hours in advance (if sick at last minute, notify ASAP)
- If you will be unavailable for numerous training sessions (due to other commitments or holidays etc.) this should be discussed with your coach well in advance of the unavailability)
- If you cannot make your own team training but can attend an alternative time slot, please discuss with your coach who will approach the other coach for feasibility. This should not occur on a continual basis and if you are experiencing difficulty in attending your team's training time please discuss this with your coach. Alternative arrangements may be suggested by the coach, in consultation with the committee. This may involve moving to another team.

Reasons for non-attendance may include:

- Injuries that prohibit getting to training
- Illness / sickness
- School commitments
- On holidays (away from home)

(NB: Acceptance of these reasons is at the discretion of the coach)

Players:

If a Southern Stars Netball Club player feels they have been unfairly treated in regards to the above policy, they are encouraged to approach their coach or manager in the first instance and attempt to resolve the issue.

If this is unsuccessful, please bring it to the attention of a committee member or submit a complaint. Complaints must be submitted in writing within 7 days of the concern and must detail the incident involved.

Southern Stars Netball Club will ensure all complaints are handled confidentially and resolved in a timely manner.